

April, May, June at Wen Wu School

Pre-registration is highly recommended by phone or online

NEW April 27th - June 15th Sunday 1-2 pm **NEW**

8 classes New Beginners' Tai Chi Class

Taught by Kenneth Sumner \$100

May 3rd & 10th Sat 2-5 pm with Master Shi Yong Yao

Yi Jin Jing Tendon Strengthening Qigong 易筋經

Will review Ba Duan Gong in class, previous training of qigong is helpful, but not required. \$100 for both or \$60 session

May 3rd Saturday 6-9 pm Dinner, Movie & Talk

Movie "The Grandmasters" (2013) \$25 incl. dinner

with Shifu and Professor Ti Wei

Fundraising event for Wen Wu School repairs

May 4th, 5th, 6th New Dayan Qigong 1st set

**18-week warm-up stretching exercises, 64 movements,
meditation & tea \$360**

See website regarding class time (free classes on 4/27,28,29)

June 14th & 28th Saturday 8:30 am - 12:30 pm

**1st Set Intermediate Intensive \$100 for both or \$60 per session
taught by Cynthia Eaton**

Prerequisite: be able to practice 1st set by oneself

WEN WU SCHOOL

10124 San Pablo Avenue, El Cerrito, CA 94530

Near El Cerrito Plaza BART Station

Corner of Central & San Pablo Avenue

(510) 524-1057

www.wenwuschool.com